# WEEK 6: REPRODUCTIVE HEALTH & RIGHTS

What Is Reproductive Health?

A state of physical, mental, and social well-being in all things related to the reproductive system.

- STI/STD testing
  - Vaccines
  - Birth control
- Pregnancy support

# Birth Control Options (Effectiveness w/ Typical Use)

Condoms - 85%

✓ STI protection

✓ No prescription

X Can break

Drugstores, online

## Birth Control Pills - 91%

✓ Helps periods & acne

X Daily use, no STI protection Doctor/Planned Parenthood

## Patch (Weekly) - 91%

✓ Easy once-a-week

X May irritate skin

Doctor/Planned Parenthood

### Planned Parenthood

600+ U.S. centers offering:

- Birth control
  - STI testing

Use Planned Parenthood Direct app or talk to chatbot Roo

### Find Reliable Info

✓ plannedparenthood.org

abortionfinder.org

✓ Title X clinics

Navoid misinformation online